

Conclusões | Declaração Final

Summary of Congress

1st Panel: Tackling Drugs as a Global Issue

Moderator: Kevin Sabet – Director Drug Policy Institute, Florida University Professor – USA

António Maria Costa – Former Director United Nations Office of Drugs and Crime Executive Director - Italy

Raymond Yans - President International Narcotics Control Board - Belgium

Wolfgang Goetz – Executive Director of EMCDDA – Germany

Marcos Correia – Entrepreneur, “Recovery is possible” – Portugal

Key concepts of the 1st Panel:

- Drugs are actually a global issue (relevant examples were presented)
- Three-step approach concerning drugs – Prevention, Treatment, and Rehabilitation
- Governments actually need to take appropriate measures
- Scientific evidence based treatments for more effectiveness in global policies
- Common problem to countries – sharing information between countries is crucial in tackling drug issues
- People have the right to be protected from drugs
- New drugs/new substances in the market – need of new approaches
- Internet – A new way of supplying drugs
- Drugs associated to poverty, unemployment, emotional disruption – consideration of the causes and the effects
- Recovery is possible

I Congresso Internacional sobre Drogas e Dependências: Recuperar é possível

2nd Panel: Tackling Drugs as a Global Issue (cont.)

Moderator: Kevin Sabet – Director Drug Policy Institute, Florida University Professor – USA

Video Message from Head of President Obama's ONDCP - White House - USA

USA Government represented by Stephanie Kotecki – Bohomme

A. Barnie/ K. Bofo | AYISI - Ghana | **David Ekwueme** - IOGT - Sweden

Domingos Neto- Psychiatrist, Former Director Centro R. de Alcoologia do Sul - Portugal

Neil McKeganey- Director of Centre for Drug Misuse Research – Scotland

Key concepts of the 2nd Panel:

- Addiction problems should be scientifically addressed
- Successes and failures in the process of tackling drugs need to be acknowledged, but optimism is prevailing
- Drug free programs are possible leading to a total recovery
- Nothing less than our best efforts to extend and publicise success
- Growing awareness of the need of an early tackling of the drug problem
- Drugs are a multi causal issue – Unemployment, diseases, violence, and prostitution
- Recovery is possible if we join our hands together – We all have shared responsibilities

3rd Panel: The rising problem of *smartshops*, drugs on the Internet, alcohol and cannabis – The SAM project

Moderator: Nuno Eloca, Psychologist, Lugar da Manhã – Portugal

Carlos Fugas –Psychologist, Syntonic Therapy Project – Portugal

Filipa Coelho – ISCE Professor, President of Sociedade Anti-Alcoólica Portuguesa – Portugal

Rui Martins – Communication Director of Dianova - Portugal

Susana Henriques - Researcher of CIES-ISCTE-IUL - Portugal

José A. Garcia del Castillo- Universidade Miguel Hernandez, of Alicante - Spain

Kevin Sabet – Founder of SAM Project, Director of Drug Policy Institute, Florida – USA

I Congresso Internacional sobre Drogas e Dependências: Recuperar é possível

Key concepts of the 3rd Panel:

- Acclaimed Portuguese Therapy Project – Syntonic Therapy Project, reduction of inner stress, syntonic relaxation, stimulation of the Symbolic thought, verbal and visual synchronisation
- Relevant role of the emotional intelligence and education in the prevention of several addictions - contexts, circumstances, and substances have to be considered
- New addictive products – Virtual “products” – The Internet as a source of addictions – new materials requiring analysis and reliable scientific data
- Relevance of the reintegration programs and its acknowledgement by the families
- The Smart Approach in the USA – A scientifically based, non ideological approach to drug use, having already penetrated the media
- Seeking new solutions – Responsible regulations

4th Panel: Drugs and the Media

Moderator: Carlos Fugas, Psychologist, Syntonic Therapy Project – Portugal

David Raynes – Executive Councilor of National Drug Prevention Alliance – England

Jorgen Sviden– Director of ECAD – Sweden

Fay Watson – Secretary-General of Europe Against Drugs - Belgium

J. Margalho Carrilho – Psychiatrist, President P.A. Addiction Medicine - Portugal

Key concepts of the 4th Panel:

- Drugs and the media – Success concerning drug tackling rarely if ever publicised in the UK
- Regular use concerns only a very small minority of young people in the UK
- Different Cultures, different legislation
- Continue to engage in drug policy debates
- Empower civil society groups and NGO’s
- The role of the Internet in providing relevant data, and scientific University surveys on drug issues – Significant and informative web pages – a good means to provide political debate of ideas
- Strength of the legalization lobby – needed creative action to fight it back

- Misinformation on the media
- Vital role of the policy makers
- Media should not always be blamed – Civil society surely plays a relevant role
- When we do nothing accidents happen

I Congresso Internacional sobre Drogas e Dependências: Recuperar é possível

5th Panel: “Disease Model” versus “Psychological Model” and the need for a clear definition of Prevention and Treatment

Moderator: Neil McKeganey – Director of Centre for Drug Misuse Research – Scotland

Anthony Daniels/Theodore Dalrymple - Psychiatrist, Writer – England

Paul Hayes – Chief Executive of National Treatment Agency for Substance Misuse –England

Frans L. Koopmans – Executive Expertise of Centre De Hoop Foundation - Netherlands

Manuel Pinto Coelho - MD, ISCE Professor, APLD – Portugal

David G. Evans - Lawyer, Executive Director of Drug free Coalition of Schools – USA

Key concepts of the 5th Panel:

- Difference between addiction and illness – conscious human choices affect addiction
- Addiction is not a chronic relapsing disease
- Addiction is centred in poorest communities – people who haven't been able to thrive, chaos surrounding their lives
- Drug issues should not be addressed in isolation
- Addiction is a polysemic word – different cultural, social contexts should be taken into account
- Drug addiction – a multi functional issue with genetic, psychological, and social levels
- Addiction is ultimately to be considered as a “problem of the heart”
- Drug policy reform should be rooted in neuro science not in political sense and as public health issue as well, not as a criminal justice issue
- Many cases of spontaneous remission should always be counted for

6th Panel: Drug abuse – the role of Enforcement

Moderator: Kathy Gyngell – Research fellow Centre for Policy Studies - England

Neil McKeganey - Director of Centre for Drug Misuse Research – Scotland

Kevin Sabet - Director of Drug Policy Institute, Florida University Professor – USA

Roger Howard – Chief Executive of Drug Policy Consortium and Drug Scope - England

Raymond Yans – President of International Narcotics Control Board – Belgium

Baba Tshiangula Kanyanya / Sarah Kankolong Muteba - Economic Force For Congolese Women - Congo

I Congresso Internacional sobre Drogas e Dependências: Recuperar é possível

Key concepts of the 6th Panel:

- New psycho substances finding new ways – it is important to schedule the substances
- UN recommendations are guidelines for all countries
- Recovery is possible
- Drug abuse and the role of enforcement – need of a new paradigm for enforcement interventions
- Need of being more creative about tackling drug problem through enforcement
- Need to improve communication with communities and stimulate a wider awareness on real impact on drug harm
- Many ways to reduce incarceration without legalizing drugs
- Communities do not feel safer because of Police intervention
- Legalization versus commercialization

7th Panel: “Portuguese Model” and the responsibility of politicians

Moderator: Margarida Pinto Correia, Journalist, Portugal

Carlos Mota Cardoso – Psychiatrist, Psychologist – Portugal

Nuno Melo – Jurist, Member of European Parliament – Portugal

Rui Rio – Economist, Mayor of Oporto – Portugal

Kathy Gynell – Research Fellow, Centre for Policy Studies – England

Key concepts of the 7th Panel:

- It is important that the political discourse has its roots on the actual problems
- Predominance of spiritual void leading to drug use
- The Portuguese experience – “Porto Feliz”- an example of political engagement on a widespread drug phenomenon in the centre Oporto
- Emphasis should always be put on prevention, treatment, and reduction of harm
- More responsible decision taking is needed
- More treatment, less punishment
- The acknowledged Portuguese success – is it reliable?
- Validated scientific data that ca not be ignored by the politicians
- Focus and emphasis should be put on youth
- Changes take time – 10 years is the estimated time to produce meaningful changes in society concerning drug issues

I Congresso Internacional sobre Drogas e Dependências: Recuperar é possível

8th Panel: Regularization/decriminalization/legalization of drugs

Moderator: David Raynes – Executive Councilor National Drug Prevention Alliance – England

Brendan Hughes - EMCDDA

Rui Rangel - Judge, Leader of Movement “Ter esperança é fazer diferente” - Portugal

John Redman – Executive Director of Californians for Drug Free Youth - USA

Jorge Quintas –School of Criminology FDUP – Portugal

Key concepts of the 8th Panel:

- Effects of the decriminalisation of drugs should be properly assessed
- The European Monitoring Board for Drugs in Europe – Monitoring the several legal systems across countries encounters some language, terminological, and conceptual hindrances and obstacles
- Many terminological subtleties that have to be taken into account for a balanced comparability of the several systems
- Need of regulation in order to achieve the publicly desired outcomes
- *De jure or de facto* concerning drug use – what is what?
- A strong, heart-felt testimonial against the medical use of marijuana in the USA